



**Summer  
Camp**  
Today's  
Family

**Dundas  
Kinder Camp  
2019**

## Week 1 – July 1-5

### Monday, July 1

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Program closed for the statutory holiday.

### Tuesday, July 2 Welcome to Camp!

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Welcome to Camp! Today, you will meet your fellow campers and play some fun games that focus on team building. Get ready for the human knot and races, right in our own backyard.

### Wednesday, July 3 Bronte Creek Provincial Park

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1219 Burloak Drive, Burlington  
[www.ontarioparks.ca/park/brontecreek](http://www.ontarioparks.ca/park/brontecreek)

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Campers will begin the first of many trips to Bronte Creek this summer by exploring what the park has to offer. We will explore the farm, and the farmhouse. After taking a lunch break, the campers will walk down the trail to the pool to go swimming.

### Thursday, July 4 Community Scavenger Hunt

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The campers will create their own checklists and then head out on a camp-wide scavenger hunt. How well do you know your neighbourhood? We'll find out!

### Friday, July 5 Summer Memento Wreaths Dundas Driving Park

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Today, we will be taking a walk to the Dundas Driving Park to search for natural materials we can incorporate into a wreath to display in our program. We will enjoy a picnic lunch before we have a splash in the outdoor wading pool.

## Week 2 – July 8-12

### Monday, July 8 Bug Hunt

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They fly, they buzz — they can even light up! It's no wonder most kids think bugs are cool. We're going to take some time to observe the bugs in our backyard, and get up close and personal with magnifying glasses.

### Tuesday, July 9 Exploring Dundas Public Library

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18 Ogilvie Street, Dundas  
<https://www.hpl.ca/>

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Today, we will be exploring the wonderful world of books! Campers will walk over to the Dundas Library where they can explore and learn all about how they can take advantage of their local library.

### Wednesday, July 10 Wild Waterworks

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680 Van Wagners Beach Road, Hamilton  
<https://wild-waterworks.com/>

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Pack your bathing suit, because today is going to be a splash! Wild Waterworks is the largest water park in Hamilton, complete with splash pads, a lazy river, and an outdoor wave pool! We'll break for lunch and then get back to the water.

### Thursday, July 11 Community Garden Exploration

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Campers will visit the community garden right in our backyard! We will learn about the various vegetables being grown and what it takes to grow and maintain the garden. Afterwards, we will be gathering materials needed to grow our very own plants.

### Friday, July 12 Capture the Flag Dundas Driving Park

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Divide, conquer, and capture – the flag, that is. Campers will enjoy a large game of capture the flag at Dundas Driving Park. Campers will divide into teams to brainstorm a name for their team and design a flag.

## Week 3 – July 15-19

**Monday, July 15**  
**Teddy Bear Picnic**  
**Dundas Driving Park**

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Bring along your favourite, cuddly friends and enjoy a day full of teddy bear-themed activities including a picnic and a bear hunt at Dundas Driving Park.

**Tuesday, July 16**  
**Nature Bracelets**

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We are on the hunt for beautiful treasures to add to our wrists! Campers will wrap tape around their wrists sticky side up and head out for a nature walk. As we explore, we will add the items found to the tape to make our own unique bracelet.

**Wednesday, July 17**  
**Nature Hike**  
**Bronte Creek Provincial Park**

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1219 Burloak Drive, Burlington  
[www.ontarioparks.com/park/brontecreek](http://www.ontarioparks.com/park/brontecreek)

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We are going to hit the trails to explore our surroundings. Campers will be introduced to trail blazing and learn what it takes to be safe in the forest. After taking a lunch break, the campers will walk down the trail to the pool where we will have the opportunity to go swimming.

**Thursday, July 18**  
**Bowling**  
**University Lanes**

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101 Osler Drive, Dundas  
[www.universitylanes.ca](http://www.universitylanes.ca)

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Today's activity is right up our alley. Get ready for bowling! We're taking over University Lanes for a fun filled bowling adventure. Campers will start their day at camp and walk over to University Lanes after lunch. Campers will enjoy a few rounds of bowling before heading back to our camp home base.



**Friday, July 19**  
**Diamond Sports**  
**Cascades Park**

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66 Livingstone Drive, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Campers will take a short walk to Cascades Park and enjoy time in the field learning a variety of soccer skills and other outdoor games at the park.

## Week 4 – July 22-26

**Monday, July 22**  
**Master Chef**

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Bring your appetite and your creativity with you today! Campers will be brainstorming healthy recipes, combine the ingredients and create nutritious culinary wonders.

**Tuesday, July 23**  
**The Hamilton Children's Museum**  
**Gage Park**

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1072 Main Street E., Hamilton  
<https://www.hamilton.ca/attractions/hamilton-civic-museums/hamilton-childrens-museum>

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We will be hopping on our local HSR bus to Gage Park to visit the Hamilton Children's Museum! Here, campers will participate in the interactive, hands-on galleries, which encourage learning through self-directed play. After a picnic lunch, campers will enjoy time in the wading pool.

**Wednesday, July 24**  
**Bingemans Fun Park**

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425 Bingemans Centre Drive, Kitchener  
[www.bingemans.com](http://www.bingemans.com)

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Half waterpark, half sports centre, and a whole lot of fun! Today we'll be going to Bingemans! The waterpark includes a gradual entry wave pool, and a giant splash area. We'll also practise our putting at the mini-golf course!

**Thursday, July 25**  
**Superhero Training Day**

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Come dressed in your favourite superhero costumes and be prepared to participate in various outdoor games! No superhero costume? No problem! There will be a variety of art supplies to help you create your own.

## Dundas Kinder

### Friday, July 26 Fire Station #23

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19 Memorial Square, Dundas  
<https://www.hamilton.ca/emergency-services/fire/fire-stations>

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Ever wonder what it's like to be a firefighter? We will be taking a walk to visit our local heroes today. We will have the opportunity to meet the men and women dedicated to our safety, learn about the vehicles and the equipment that firefighters use and learn about fire safety. If we are lucky, they might let us try on their uniforms!

## Week 5 – July 29- August 2

### Monday, July 29 Bird Feeders Dundas Driving Park

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Today we are taking our bird feeders over to the Driving Park to get a closer look at all the birds living in the park. After our picnic lunch we will enjoy a splash in the wading pool.

### Tuesday, July 30 Rock Art

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Today we are off on a rock-hunting adventure to gather rocks of all different shapes, sizes, and colors. Once we get back to the centre we will channel our inner Picassos and turn those rocks into works of art!

### Wednesday, July 31 Farm Life Bronte Creek Provincial Park

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1219 Burloak Drive, Burlington  
[www.ontarioparks.com/park/brontecreek](http://www.ontarioparks.com/park/brontecreek)

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Today we're exploring a farm with all sorts of animals to see up close! We will also take a step back in time as we tour the Spruce Lane Farmhouse, which dates back to the 19<sup>th</sup> century. After a picnic lunch, campers will have the opportunity to go for a swim in the pool.

### Thursday, August 1 Children's International Learning Centre

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189 King William Street, Hamilton  
[www.cilc.ca/](http://www.cilc.ca/)

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Today, we'll be hopping aboard the HSR bus to visit the Children's International Learning Centre. Campers will

explore all of the things that make Canada awesome! We will also explore cultural artifacts, instruments and play some fun games.

### Friday, August 2 Centennial Park

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East Street N. and Cootes Drive, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Campers will take a walk to explore Centennial Park and be inspired by the natural environment. We will check out the garden and discover which plants help support bee and butterfly migrations. We will also be playing a large game of capture the flag!

## Week 6 – August 5-9

### Monday, August 5

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Program closed for the statutory holiday

### Tuesday, August 6 Monkeynastix

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<https://www.monkeynastix.ca/>

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Today, the team from Monkeynastix will help campers to develop confidence and a positive self-image in a fun and challenging way. Using specialized equipment, Monkeynastix will teach us some good habits to keep when it comes to staying active!

### Wednesday, August 7 Wild Waterworks

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680 Van Wagners Beach Road, Hamilton  
<https://wild-waterworks.com/>

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Wild Waterworks is the largest water park in Hamilton, complete with splash pads, a lazy river, and an outdoor wave pool! Campers will enjoy lunch in the shaded picnic areas before returning to the water for more water fun in the afternoon.

### Thursday, August 8 Water Play Day

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Get ready to get wet! We will be breaking out the sprinklers, slip and slide, water balloons and buckets for a super fun day of water play.

## Dundas Kinder

### Friday, August 9 Nature Sensory Walk Dundas Driving Park

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Today we are going to immerse ourselves into nature listening to the different sounds, smelling all the smells and using our eyes to take in all the sights around us on the way to the Driving Park. After a picnic lunch, we will go for a splash in the wading pool.

## Week 7 – August 12-16

### Monday, August 12 Life Size Board Games Water Play

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Children will spend the morning designing and playing life-sized board games, both indoors and outdoors. In the afternoon, we will break out the sprinklers, slip and slide, water balloons and buckets as we spend the afternoon playing in water!

### Tuesday, August 13 Boston Pizza Tour

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1563 Main Street West, Hamilton  
<https://bostonpizza.com/en/index.html>

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We will be taking a ride on the HSR bus to experience a kitchen tour of this local restaurant. The campers will even have the opportunity to make their own personal pizzas!

### Wednesday, August 14 Wildflower Memory Games Bronte Creek Provincial Park

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1219 Burloak Drive, Burlington  
[www.ontarioparks.com/park/brontecreek](http://www.ontarioparks.com/park/brontecreek)

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We are going in search of the most beautiful wildflowers to collect. Each camper will find five plants and then test their fellow campers memory by playing a game of “Which One is Missing?” After a picnic lunch, campers will have the opportunity to go for a swim in the pool.

### Thursday, August 16 Camp Mural

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Campers will be working together to create a giant mural to commemorate their time at camp. Everyone will plan and design their contributions with access to a variety of different materials.

### Friday, August 17 Parachute Play Dundas Driving Park

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Campers will walk over to Dundas Driving Park where they will enjoy a day of parachute activities. After our lunch break, we will take a break and play in the splash pad to cool down.



## Week 8 – August 19-23

### Monday, August 19 Field Games Dundas Driving Park

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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Today, we're taking advantage of all of the possibilities we find in our own backyard! We'll play lots of games like frisbee and soccer. We will be able to cool off with some water games after lunch.

### Tuesday, August 20 Beach Party

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It's a Beach Party, and you're invited! Today we are having a beach themed party. We'll be working on our limbo skills, finding out what it takes to crack open some coconuts and making seashell jewelry.

### Wednesday, August 21 African Lion Safari

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1386 Cooper Road, Hamilton  
[www.lionsafari.com](http://www.lionsafari.com)

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The African Lion Safari will put us face-to-face with some of the most fascinating and amazing animals in the world, including elephants, zebras, baboons, and, of course, lions! Campers will ride through the large game reserve in the Safari Tour Bus, take a ride on the scenic railway as well as the African Queen boat! After lunch, campers will visit Mismumu Bay, an interactive water play zone, complete with slides and plenty of splashing.

### Thursday, August 22 Camp's Got Talent!

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Everyone is a star today in our camp-wide talent show. It's time to showcase your best dance moves, singing voice or magic tricks! Props and costumes will be available.

### Friday, August 23 Last Day of Camp Party Dundas Driving Park

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71 Cross Street, Dundas  
<https://www.hamilton.ca/parks-recreation/>

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For our last day of camp, we will walk to the park to enjoy a variety of our favourite games and activities from throughout the summer as we prepare for a picnic lunch. We will collect autographs on our camp shirts to keep as souvenirs as we say our farewells.

# Today's Family Summer Camp

## Program overview

### Kinder Camp (Ages 4-6 years)

Our Kinder Camp Program provides a great opportunity for children ages 4-6 years to explore their environment in a safe and supervised setting. Campers will enjoy trips in their community, physical activity, songs and games, arts and crafts and weekly outings.

### Adventure Camp (Ages 7-9 years)

Our Adventure Camp Program provides campers ages 7-9 years with an active, fun-filled opportunity. Campers will go on weekly outings, swim, enjoy arts, music and drama experiences, physical activities, outdoor adventures and explore their community.

### Camp Extreme (Ages 9-12 years)

Our Camp Extreme Program is an action packed adventure for campers ages 9-12 years. Campers will experience outdoor activities, sports, arts and crafts, swimming, weekly trips and much more.

### Is your camper 9 years old?

If so, s/he gets to decide whether to have an exciting 'adventure' this summer or go 'extreme!'

### HAMILTON ONLY

### Leader-in-Training (LIT) Program (Ages 13-16 years)

Our Leader-in-Training (LIT) Program provides a great opportunity for teens to develop communication skills in a team environment. Participants also learn how to supervise young children as they plan activities to help them learn and grow.

## Did you know...

### Answers to frequently asked questions

#### Welcome to Today's Family

Today's Family is a non-profit charitable agency servicing children and families in and around Hamilton, Halton and Haldimand Norfolk. We offer a wide range of early learning and child care programs as well as parental support programs to help you and your child every step of the way. It's professional, caring support that makes a real difference in the physical, emotional, social and intellectual development of children.

#### Registration

You can register for Today's Family Summer Camps in the following ways:

##### 1. In person

**2. By mail:** Today's Family Summer Camp Central Administration Office, 44 Greendale Drive, Hamilton ON L9C 5Z4

**3. By email:** Download a registration package: [www.todaysfamily.ca](http://www.todaysfamily.ca) or email us at [childcare@todaysfamily.ca](mailto:childcare@todaysfamily.ca)

#### Financial Assistance

Qualifying families may be eligible for subsidy through the Social Development and Early Childhood Services Child Care Fee Subsidy Office. For further information, please call:

905 546 4870 City of Hamilton  
905 825 6000 Halton Region  
519 426 6170 Haldimand Norfolk

#### Program Hours

Today's Family Summer Camp Programs operate from 7:00 a.m. to 6:00 p.m. Monday to Friday. We are closed on statutory holidays.

#### What to bring to camp:

To be prepared for camp, please remember to bring the following to camp each day:

- ✓ Lunch (nut-free)
- ✓ Swim suit
- ✓ Towel
- ✓ Sunscreen
- ✓ Refillable water bottle
- ✓ Comfortable shoes
- ✓ Hat

✗ We ask that campers not bring any valuables to camp. This includes: cell phones, electronic devices and games.

#### Hot Weather Policy

To ensure the health and safety of all, camp staff will modify activities to accommodate for hot weather. There will be more indoor time and less strenuous activities with more frequent water breaks. This will allow all campers to enjoy even the hottest days.

#### Nutrition

Today's Family provides snacks in accordance with the Canada Food Guide. Menus are posted and copies are also available to parents and families. Please be sure to alert us of any allergies or food restrictions. If possible, we will try to provide an alternative. Please bring a nut-free lunch and refillable water bottle every day.

#### Guiding Behaviour

Today's Family use re-direction and positive behaviour guidance techniques appropriate to the child's age to promote self-discipline and respect for others and their environment.

#### Serious Occurrences

Serious occurrences that happen in your child's Camp Program are posted at the program location for your information.

#### Volunteer and Student Supervision Policy

Only Today's Family employees will have the direct responsibility for the supervision of children in the camp programs. Please note: Volunteers and students are not considered part of the staff / caregiver to child ratio.