



**R.A. Riddell  
Adventure Camp  
2019**

## Week 1 - July 1-5

### Monday, July 1

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Program closed for the statutory holiday.

### Tuesday, July 2

#### Getting to Know You!

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Welcome to Camp! Today, you will meet your fellow campers and play some fun games that focus on team building. Get ready for the human knot and races, all in the sprawling greenspace at Riddell.

### Wednesday, July 3

#### Bronte Creek Provincial Park

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1219 Burloak Drive, Burlington  
<http://www.ontarioparks.com/park/brontecreek>

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Campers will begin the first of many trips to Bronte Creek this summer by exploring what the park has to offer. We will explore the hiking trails, the farm, and the farmhouse. After taking a lunch break, the campers will walk down the trail to the pool to go swimming.

### Thursday, July 4

#### Loose Parts Playscape Walker Park

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60 Diconzo Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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In the morning, campers will search the neighbourhood for natural materials they can use to create a replica of their favourite play memory. After a picnic lunch, we will enjoy a swim in the outdoor pool!

### Friday, July 5

#### Bowling Mountain Lanes

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335 Upper Wentworth St. Hamilton  
<https://www.mountainlanesbowling.ca>

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Today's activity is right up our alley. Get ready for bowling! We're hopping aboard the HSR bus to head over to Mountain Lanes. We will enjoy a few rounds of 5 pin bowling before heading back to our camp.

## Week 2 – July 8-12

### Monday, July 8

#### Ultimate Frisbee Westmount Recreation Centre

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35 Lynbrook Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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Today, Campers are hopping on our local HSR bus to go to Westmount Recreation Centre where they will enjoy a large game of ultimate Frisbee in the morning. After a picnic lunch, campers will cool down with a swim in the pool.

### Tuesday, July 9

#### Scavenger Hunt Bronte Creek Provincial Park

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1219 Burloak Drive, Burlington  
[www.ontarioparks.ca/parks/brontecreek](http://www.ontarioparks.ca/parks/brontecreek)

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Today Campers will spend some time exploring the area and then creating a scavenger hunt for their friends to complete. After taking a lunch break, the campers will walk down the trail to the pool to go swimming.

### Wednesday, July 10

#### Sports at Gourley Park Artasia

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50 Gemini Dr, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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In the morning, the campers will walk to Gourley Park and split up into teams to play a variety of games like kickball, soccer and outdoor dodgeball.

Culture for Kids in the Arts will join us this afternoon to engage the campers in a variety of arts activities.

### Thursday, July 11

#### Wild Waterworks

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680 Waterfront Trail, Hamilton  
[www.wild-waterworks.com](http://www.wild-waterworks.com)

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Pack your bathing suit, because today is going to be a splash! Wild Waterworks is the largest water park in Hamilton, complete with four body slides, two tube slides, splash pads, a lazy river, and an outdoor wave pool! We'll break for lunch and then get back to the water for more fun.

## Riddell Adventure

### **Friday, July 12** **Capture the Flag** **Gage Park**

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1000 Main Street E., Hamilton  
<https://www.hamilton.ca/parks-recreation>

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Divide, conquer, and capture – the flag, that is. Campers will ride the HSR to Gage Park to play a large game of capture the flag. After a long morning of running around, an afternoon at the splash pad will be an excellent way to cool off.

## **Week 3 – July 15-19**

### **Monday, July 15** **Baseball** **Gilkson Park**

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50 Gemini Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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Today we will swing over to Gilkson Park for some good old-fashioned baseball. Campers will be teamed up with a councilor to practice the basic skills of baseball and play a game with their friends. Afterwards, we'll go for some water play in the splash pad.

### **Tuesday, July 16** **Coyote's Cache** **Bronte Creek Provincial Park**

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1219 Burloak Drive, Burlington  
[www.ontarioparks.ca/parks/brontecreek/](http://www.ontarioparks.ca/parks/brontecreek/)

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Today, the Campers will test their reflexes and awareness while playing a giant game of Coyote's Cache. Howling at the moon is encouraged when defending your cache! We'll spend the afternoon swimming in the pool.

### **Wednesday, July 17** **Master Chefs** **Artasia**

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Bring your appetite and your creativity! In the morning, we will be choosing a recipe, combining the ingredients, creating some delicious, nutritious food!

Culture for Kids in the Arts will join us this afternoon to engage the campers in a variety of arts activities.

### **Thursday, July 18** **Royal Botanical Gardens**

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680 Plains Road W., Burlington  
[www.rbg.ca](http://www.rbg.ca)

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Today, we'll explore the Royal Botanical Gardens! Be on the lookout for some of the prettiest flowers from around the world. We'll also learn some useful gardening tips and inspire our campers to connect with their green thumbs. We will also have the opportunity to explore the Hendrie Valley trail.

### **Friday, July 19** **Natural Dyes** **Walker Park**

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60 Diconzo Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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Campers will investigate the use of plants to create natural dyes, experimenting with different dyeing methods and a variety of plant materials. In the afternoon, our group will take the HSR to Walker Park to enjoy a swim in the outdoor pool.

## **Week 4 – July 22-26**

### **Monday, July 22** **Water Play Day**

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Get ready to get wet! We will be breaking out the sprinklers, slip and slide, water balloons and buckets for a super fun day of water play.

### **Tuesday, July 23** **Survivor Games** **Bronte Creek Provincial Park**

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1219 Burloak Drive, Burlington  
[www.ontarioparks.ca/parks/brontecreek/](http://www.ontarioparks.ca/parks/brontecreek/)

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Campers will divide up into teams and compete in various survivor-themed activities to see which can outwit, outplay and outlast the others! After taking a lunch break, the campers will walk down the trail to the pool to go swimming.

### **Wednesday, July 24** **Scavenger Hunt & Artasia**

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50 Gemini Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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The campers will create their own checklists and then head over to Gilkson Park to go on a camp-wide scavenger hunt.



## Riddell Adventure

Culture for Kids in the Arts will join us this afternoon to engage the campers in a variety of arts activities.

### Thursday, July 25 Bingemans Fun Park

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425 Bingemans Centre Drive, Kitchener  
[www.bingemans.com](http://www.bingemans.com)

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Half waterpark, half sports centre, and a whole lot of fun! Today we are going to Bingemans! The waterpark includes waterslides, a gradual entry wave pool, and a giant splash area. We'll also practise our putting on the mini-golf course!

### Friday, July 26 Bird Feeders Walker Park

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60 Diconzo Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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We want to get a closer look at the birds in our area and D.I.Y. bird feeders are just the thing to attract them. Campers will brainstorm a list of foods they think birds might eat. We will then string these items up and hang our feeders for the birds to feast on. In the afternoon, we will be riding on the HSR to enjoy a swim at Walker's Pool.

## Week 5 – July 29- August 2

### Monday, July 29 Park Rangers Freeze Tag Walker Park

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60 Diconzo Drive, Hamilton  
<https://www.hamilton.ca/parks-recreation>

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Campers will be playing freeze tag where they will pretend to be the Park Ranger trying to tag the animals running wild in their park! Afterward, we will take the HSR bus to Walker Park for a swim.

### Tuesday, July 30 Float Your Boat! Bronte Creek Provincial Park

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1219 Burloak Drive, Burlington  
[www.ontarioparks.ca/parks/brontecreek/](http://www.ontarioparks.ca/parks/brontecreek/)

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Whatever floats your boat! Campers will be working together, using a variety of materials, to design and create boats in a quest to conquer the water. In the afternoon, campers will have the opportunity to go swimming in the pool.

### Wednesday, July 31 Sports Jersey Day Artasia

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Come dressed in your favourite jersey and get ready to play! We'll be representing our favourite teams today as we hone our soccer and flag football skills. No sports jersey? No problem! You can get creative and make your own banner for your favourite team with our stash of art supplies.

Culture for Kids in the Arts will join us this afternoon to engage the campers in a variety of arts activities.

### Thursday, August 1 Wild Waterworks

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680 Waterfront Trail, Hamilton  
[www.wild-waterworks.com](http://www.wild-waterworks.com)

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Wild Waterworks is the largest water park in Hamilton, complete with four body slides, two tube slides, splash pads, a lazy river, and an outdoor wave pool! Campers will enjoy lunch in the shaded picnic areas before returning to the water for more fun in the afternoon.

### Friday, August 2 Bayfront Park

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200 Harbour Front Drive, Hamilton  
[www.hamiltonwaterfront.com](http://www.hamiltonwaterfront.com)

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Today we will be taking the HSR bus to Bayfront Park. Located on the south shores of Hamilton Harbour, this massive outdoor park is just big enough for all our campers to run, jump and play! We'll also take a trolley ride along the Waterfront, spotting some of Hamilton's most memorable attractions.



## Week 6 – August 5-9

**Monday, August 5**

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Program closed for the statutory holiday.

**Tuesday, August 6**

**Farm Life**

**Bronte Creek Provincial Park**

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1219 Burloak Drive, Burlington

[www.ontarioparks.com/park/brontecreek](http://www.ontarioparks.com/park/brontecreek)

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Today we're exploring the farm with all sorts of animals to see up close! We'll also take a step back in time as we tour the Spruce Lane Farmhouse which dates back to the 19<sup>th</sup> century. After a picnic lunch, campers will have the opportunity to go for a swim in the pool.

**Wednesday, August 7**

**Superhero Day**

**Artasia**

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Come dressed in your favourite superhero costumes and be prepared to participate in various outdoor games! No superhero costume? No problem! There will be a variety of art supplies to help you create your own.

Culture for Kids in the Arts will join us this afternoon to engage the campers in a variety of arts activities.

**Thursday, August 8**

**Adventure Village**

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580 Van Wagners Beach Road, Hamilton

[www.adventure-village.com](http://www.adventure-village.com)

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Today, we're off to Adventure Village! When you combine the rock climbing, bumper cars, and games that the park has to offer with the lakefront beach at Confederation Park, you have yourself a recipe for one of our best trips this summer. We'll begin at Adventure Village, and then after lunch we're off to the beach to build castles, skip rocks and search for treasures.

**Friday, August 9**

**Scientists**

**Westmount Recreation Centre**

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35 Lynbrook Drive, Hamilton

<https://www.hamilton.ca/parks-recreation>

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We're turning our campers into junior scientists for the day through a series of hands on experiments! After lunch, our group will take the HSR to Westmount Recreation Centre to go for a swim in the pool.

## Week 7 – August 12-16

**Monday, August 12**

**Kitchen Tour**

**Boston Pizza**

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1565 Upper James Street, Hamilton

<https://bostonpizza.com/en/index.html>

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We will be hopping on our local HSR bus to visit Boston Pizza. We will be participating in a kitchen tour of this local restaurant where the campers will have the opportunity to make and enjoy their own personal pizzas!

**Tuesday, August 13**

**Hike**

**Bronte Creek Provincial Park**

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1219 Burloak Drive, Burlington

[www.ontarioparks.ca/parks/brontecreek/](http://www.ontarioparks.ca/parks/brontecreek/)

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Campers will hit the trails in search of wildlife. After we have worked up a sweat hiking we will head over to the pool for a refreshing swim!

**Wednesday, August 14**

**Camp Games**

**Artasia**

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Campers will take advantage of the sprawling greenspace behind Riddell today to hone our skills in a variety of games.

Culture for Kids in the Arts will join us this afternoon to engage the campers in a variety of arts activities.

**Thursday, August 15**

**Earl Haig Family Fun Park**

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101 Market Street, Brantford

[www.brantford.ca/earlhaig](http://www.brantford.ca/earlhaig)

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Pack your bathing suit and your running shoes, because today is going to be filled with fun both on the land and in the water! Earl Haig Family Fun Park has so many activities, it might be difficult to choose what to do first. We'll break for a picnic lunch, and then get back to trying to conquer the whole park.

**Friday, August 16**

**Elves, Giants & Wizards**

**Walker Park**

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60 Diconzo Drive, Hamilton

[www.hamilton.ca/parks-recreation](http://www.hamilton.ca/parks-recreation)

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Campers chose to be an elf, giant or wizard in this large game that combines rock, paper, scissors with tag. In the

## Riddell Adventure

afternoon, we'll take an HSR bus to Walker Park for a swim in the pool.

## Week 8 – August 19-23

**Monday, August 19**

**Soccer**

**Gilkson Park**

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50 Gemini Drive, Hamilton

<http://www.hamilton.ca/parks-recreation>

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Today's activities are sure to have a little kick to them! Campers will walk over to Gilkson Park to enjoy a day of organized soccer games on the field and play in the splash pad after lunch.

**Tuesday, August 20**

**End of Camp Blowout**

**Bronte Creek Provincial Park**

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1219 Burloak Drive, Burlington

[www.ontarioparks.com/park/brontecreek](http://www.ontarioparks.com/park/brontecreek)

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Today, we'll enjoy a variety of games and activities and enjoy prepare for a picnic lunch. We will collect autographs on our camp shirts to keep as souvenirs as we say our farewells. After we enjoy our picnic, we will walk down the trail to the pool where we will have the opportunity to go swimming.

**Wednesday, August 21**

**Beach Party**

**Inch Park Pool**

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400 Queensdale Avenue E., Hamilton

<https://www.hamilton.ca/parks-recreation>

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It's a beach party and you're invited! We'll be working on our limbo skills, finding out what it takes to crack open some coconuts and making sea shell jewelry. Afterward, we will hop an HSR bus to Inch Park to enjoy a swim in the outdoor pool.

**Thursday, August 22**

**African Lion Safari**

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1386 Cooper Road, Hamilton

[www.lionsafari.com](http://www.lionsafari.com)

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The African Lion Safari will put us face-to-face with some of the most fascinating and amazing animals in the world, including elephants, zebras, baboons, and, of course, lions! Campers will ride through the large game reserve in the Safari Tour Bus, take a ride on the scenic railway as well as the African Queen boat! After lunch, campers will visit Mismumu Bay, an interactive water play zone, complete with slides and plenty of splashing.

**Friday, August 23**  
**Camp's Got Talent!**

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Everyone is a star today in our camp wide talent show. It's time to showcase your best dance moves, singing voice or magic tricks! Props and costumes will be available.

# Today's Family Summer Camp

## Program overview

### Kinder Camp (Ages 4-6 years)

Our Kinder Camp Program provides a great opportunity for children ages 4-6 years to explore their environment in a safe and supervised setting. Campers will enjoy trips in their community, physical activity, songs and games, arts and crafts and weekly outings.

### Adventure Camp (Ages 7-9 years)

Our Adventure Camp Program provides campers ages 7-9 years with an active, fun-filled opportunity. Campers will go on weekly outings, swim, enjoy arts, music and drama experiences, physical activities, outdoor adventures and explore their community.

### Camp Extreme (Ages 9-12 years)

Our Camp Extreme Program is an action packed adventure for campers ages 9-12 years. Campers will experience outdoor activities, sports, arts and crafts, swimming, weekly trips and much more.

### Is your camper 9 years old?

If so, s/he gets to decide whether to have an exciting 'adventure' this summer or go 'extreme!'

### HAMILTON ONLY

### Leader-in-Training (LIT) Program (Ages 13-16 years)

Our Leader-in-Training (LIT) Program provides a great opportunity for teens to develop communication skills in a team environment. Participants also learn how to supervise young children as they plan activities to help them learn and grow.

## Did you know...

### Answers to frequently asked questions

#### Welcome to Today's Family

Today's Family is a non-profit charitable agency servicing children and families in and around Hamilton, Halton and Haldimand Norfolk. We offer a wide range of early learning and child care programs as well as parental support programs to help you and your child every step of the way. It's professional, caring support that makes a real difference in the physical, emotional, social and intellectual development of children.

#### Registration

You can register for Today's Family Summer Camps in the following ways:

##### 1. In person

**2. By mail:** Today's Family Summer Camp Central Administration Office, 44 Greendale Drive, Hamilton ON L9C 5Z4

**3. By email:** Download a registration package: [www.todaysfamily.ca](http://www.todaysfamily.ca) or email us at [childcare@todaysfamily.ca](mailto:childcare@todaysfamily.ca)

#### Financial Assistance

Qualifying families may be eligible for subsidy through the Social Development and Early Childhood Services Child Care Fee Subsidy Office. For further information, please call:

905 546 4870 City of Hamilton  
905 825 6000 Halton Region  
519 426 6170 Haldimand Norfolk

#### Program Hours

Today's Family Summer Camp Programs operate from 7:00 a.m. to 6:00 p.m. Monday to Friday. We are closed on statutory holidays.

#### What to bring to camp:

To be prepared for camp, please remember to bring the following to camp each day:

- ✓ Lunch (nut-free)
- ✓ Swim suit
- ✓ Towel
- ✓ Sunscreen
- ✓ Refillable water bottle
- ✓ Comfortable shoes
- ✓ Hat

✗ We ask that campers not bring any valuables to camp. This includes: cell phones, electronic devices and games.

#### Hot Weather Policy

To ensure the health and safety of all, camp staff will modify activities to accommodate for hot weather. There will be more indoor time and less strenuous activities with more frequent water breaks. This will allow all campers to enjoy even the hottest days.

#### Nutrition

Today's Family provides snacks in accordance with the Canada Food Guide. Menus are posted and copies are also available to parents and families. Please be sure to alert us of any allergies or food restrictions. If possible, we will try to provide an alternative. Please bring a nut-free lunch and refillable water bottle every day.

#### Guiding Behaviour

Today's Family use re-direction and positive behaviour guidance techniques appropriate to the child's age to promote self-discipline and respect for others and their environment.

#### Serious Occurrences

Serious occurrences that happen in your child's Camp Program are posted at the program location for your information.

#### Volunteer and Student Supervision Policy

Only Today's Family employees will have the direct responsibility for the supervision of children in the camp programs. Please note: Volunteers and students are not considered part of the staff / caregiver to child ratio.