

Come Learn, Play, and Meet New Friends

C.B. Stirling School EarlyON Program

(340 Queen Victoria Drive, Hamilton)

Parent / Caregiver and Child Interactive Drop-In Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.

Ask the Public Health Nurse

The Public Health Nurse will be available on the following dates to answer questions about breastfeeding, child safety (such as car seats and safe sleep), child development (such as milestones and toilet learning), healthy eating, and parenting issues such as sleep, crying and challenging behaviours.

The Public Health Nurse also has information regarding programs and services for families.

Date	Time
May 14, 2019	10:00 – 11:00 a.m.
May 28, 2019	10:00 – 11:00 a.m.

All programs are free of charge

Pour les services en français, veuillez appeler le Centre de Santé en composant le 905-528-0163 poste 3228

For more information call 905-574-9344 x 859

www.hamilton.ca/EarlyONcentres
www.todaysfamily.ca