

***Come Learn, Play, and Meet New Friends***

## **C.B. Stirling School EarlyON Program**

(340 Queen Victoria Drive, Hamilton)

### **Parent / Caregiver and Child Interactive SUMMER Drop-In Schedule**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.	9:00 a.m. to 1:00 p.m.

### **Ask the Public Health Nurse**

The Public Health Nurse will be available on the following dates to answer questions about breastfeeding, child safety (such as car seats and safe sleep), child development (such as milestones and toilet learning), healthy eating, and parenting issues such as sleep, crying and challenging behaviours.

The Public Health Nurse also has information regarding programs and services for families.

<b>Date</b>	<b>Time</b>
Tuesday, July 9, 2019	10:30 – 11:30 a.m.
Tuesday, August 6, 2019	10:30 – 11:30 a.m.

**All programs are free of charge**  
**Pour les services en français, veuillez appeler le Centre de Santé en composant le**  
**905-528-0163 poste 3228**

**For more information call 905-574-9344 x 859**

[www.hamilton.ca/EarlyONcentres](http://www.hamilton.ca/EarlyONcentres)

[www.todaysfamily.ca](http://www.todaysfamily.ca)