

Week 1 – July 1 - 5

Monday, July 1

Program closed for the statutory holiday.

Tuesday, July 2

Welcome to Camp! Mural of Belonging

Welcome to Camp! Today, campers are using Danielle Daniel's book, *Sometimes I Feel Like a River*, to brainstorm ways we can connect with one another. Campers will work together to think about ways they can show acts of kindness in their community.

Children will create a camp wide cloth mural as we get to know one another. Everyone's expression of what belonging means to them will be incorporated with their addition of an inspirational word. Our camp banner of belonging will follow us all summer long.

Wednesday, July 3

Community Walk & Swimming at Recreation Centre

Outside, we will use our five senses on a sensory walk exploring all our greenspace has to offer.

We will also be heading to our local outdoor recreation centre to cool off with a swim!

Thursday, July 4 Plant the Seed & Obstacle Course

Today we will be planting the seed for a summer filled with growth. As a group, we will be choosing what we would like to plant then we will get down to the dirty work. We will be able to nurture our seeds through to the sprouting stage as the weeks pass on.

In the afternoon we will be enjoying our greenspace with a variety of challenging large obstacles to race through and explore.

Friday, July 5

Community Outing to Local Park

Campers will venture out to a local park to engage in activities such as kickball, and exploring nature.



Week 2 – July 8 - 12

Monday, July 8 Self-Portraits

Today we will continue to cultivate a sense of belonging for everyone at camp. Using various art mediums (printmaking, pastels, paint and collage) campers will create self-portraits representing themselves to display around the program.

Tuesday, July 9 Nature Pinch Pots & Outdoor Water Play

Today campers will explore combining pottery and nature to create our very own keepsakes. We will go on a nature hunt in our outdoor greenspaces to gather natural items that speak to us. We will then roll up our sleeves and use our best ceramic skills to incorporate our treasures into our creations.

We will also be gathering some of our fun outdoor water play materials from sponge toss, water balloons, slip and slide just to name a few to splash around in the sun or sun shower.

Wednesday, July 10 Wild Water Works

680 Waterfront Trail, Hamilton
www.wild-waterworks.com

Pack your bathing suit, because today is going to be a splash! Wild Waterworks is the largest water park in Hamilton, complete with splash pads, a lazy river, and an outdoor wave pool! We will break for lunch and then get back to the water

Thursday, July 11
We Belong Book Club & Swimming at Recreation Centre

We will choose a book to explore the meaning of belonging. As we think about everyone's daily contributions to fostering a culture of belonging at camp, Campers will then take all their learning and inspiration to create their own stories to share with each other.

In the afternoon, we will walk or hop on local transit to visit our local recreation centre. We will join in large group games before we jump in the pool for a swim.

Friday, July 12
Foods from Around the World

Today's Family embraces the many gifts of diversity in our program and to share we will explore through food. Food is an important part of different cultures and can be a fun way for our campers to explore the world around us. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

Week 3 – July 15 - 19

Monday, July 15
Bird House Creations & Outdoor Water Play

Today, we will brush off our woodworking skills and use our creativity to build dwellings for our feathered friends. We will design a template, gather our materials and get to work. Finding the perfect spot to hang our creations will be important to make sure we have a stellar view of our friends using their new spaces.

We will also be gathering some of our fun outdoor water play materials from sponge toss, water balloons, slip and slide just to name a few to splash around in the sun or sun shower.



Tuesday, July 16 Recycled Fashion Show & Swimming at Local Recreation Centre

Campers can bring in recycling from home to turn into sustainable fashions. Our show stopping looks made from beautiful junk will save items from landing in the landfill and have them landing on our camp runway!

In the afternoon, we will walk or hop on local transit to visit our local recreation centre. We will join in large group games before we jump in the pool for a swim.

Wednesday, July 17
Bronte Creek Provincial Park

1219 Burloak Drive, Burlington
www.ontarioparks.com/park/brontecreek

Today we are taking the Half Moon Valley trail down to the edge of Bronte Creek. Here we will explore the shoreline looking for water bugs and other aquatic life. Campers will also examine the effects humans have had on the waterway and brainstorm ways they can help keep waterways clean in their community.

Thursday, July 18
Foods From Around the World

Today's Family embraces the many gifts of diversity in our program and to share we will explore through food. Food is an important part of different cultures and can be a fun way for our campers to explore the world around us. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

Friday, July 19
Community Mapping & Farmer's Market

We will be taking a walk through our neighbourhood with a paper map in hand, embracing our gifts to guide our way through our community. After an important stop at our local park and greenspace to enjoy some large group games, we will then return to create a large size mural of our specifically designed map including our favourite landmarks.

In the afternoon, we will put our mapping skills to work and take local transit to visit the our local market. We will investigate all of the interesting and diverse culinary options available.

Week 4 – July 22 - 26

Monday, July 22 Mindful Movement

Today, we are asking our campers to slow things down and check in with their body. We will learn different yoga poses and how to breathe like a bear to manage our bodies, breath, and emotions.

We will then head outdoors to move, flex, and stretch as we explore Pilates.

Tuesday, July 23 Tree Bark Rubbing & Outdoor Water Play

Today, campers will discuss the different names and types of trees in their community, how they can tell them a part and who lives in them. The children will be able to bring their art materials outside to observe the trees in their community and create tree bark rubbings.

We will also be gathering some of our fun outdoor water play materials from sponge toss, water balloons, slip and slide, just to name a few, to splash around in the sun or sun shower.

Wednesday, July 24 Byng Conservation Area

4969 Country Road 20, Dunnville
<https://www.grandriver.ca/en/outdoor-recreation/Byng.aspx#gsc.tab=0>

Campers will be heading to Byng Conservation Area today, to explore a historic part of Ontario. We will be hiking and enjoying a picnic in the park.

Thursday, July 25 Natural Dyes and Group Games

The plants in our community provide a natural rainbow of colours that can be used for many things. Today, campers will be exploring various plant materials and learning how to make their own natural dye.

Using the materials found in our outside space campers will also create their own nature bingo cards.

Friday, July 26 Foods from Around the World & Marble Maze STEM Challenge

Food is an important part of different cultures and can be a fun way for our campers to explore the world around us. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

We will also be creating Marble Mazes where campers will be challenged to use everyday materials to create their maze. We will follow all elements of a real design process, including brainstorming, blueprints, prototypes, tweaking, and testing their designs.

Week 5 – July 29 – August 2

Monday, July 29 Reflection Journals & STEM Activity

Today, campers will start their own personal journal: a special book where they can record all the interesting thoughts, inquiries and special interest projects to be completed throughout their time at camp.

In the afternoon, campers will work in groups to build structures out of various recycled materials.



Tuesday, July 30 Foods from Around the World & Science Experiment

Today's Family embraces the many gifts of diversity in our program and to share we will explore through food. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

We will also be experimenting with our very own rainbows. With just a few common household ingredients like dish soap and honey, our scientists will be able to pour their rainbow in a jar.

Wednesday, July 31
Kelso Conservation Area

5234 Kelso Rd., Milton ON
<https://www.conservationhalton.ca/parks/kelso/>

We will hike through the extensive network of trails and take in all that nature has to offer. In the afternoon, we will enjoy time on the beach, explore the boardwalk and go for a swim in the Kelso Reservoir.

Thursday, August 1
Local Community Garden & Reflection Journals

Today, campers will visit a local Community Garden to see what is growing. We will walk through the community created and nurtured garden using all of our senses to explore the seasonal vegetables, plants and flowers. We will bring our nature journals along with us, to document all the things we see!

Friday, August 2
Rock Storytelling & Swimming at the Local Recreation Centre

Campers are going to arrive at camp today bringing with them a rock or stone from somewhere they have spent time. After sharing their rock's story, campers will head outside to collect natural materials to create a map of where their personal rock was found.

In the afternoon, we will walk or hop on local transit to visit our local recreation centre. We will join in large group games before we jump in the pool for a swim.

Week 6 – August 5 - 9

Monday, August 5

Program closed for the statutory holiday.

Tuesday, August 6
Mural Walk and Planning

Today, using various art mediums, campers will explore identity, community, family and peers exploring techniques to help develop a visual language. Various mediums (printmaking, drawing with charcoal and pastels, paint, and collage) will be used which, will contribute to the overall design of the mural to be created later in the week.

Wednesday, August 7
Emerald Lake

7248 Gore Rd., Puslinch
<https://emeraldlake.ca/about-us/>

Today, we'll be heading to Emerald Lake to enjoy the 200 Foot Water Slide, which empties into its own 4 foot pool and a variety of huge water inflatables.

Thursday, August 8
Nature Shadow Boxes & Swimming at Recreation Centre

Today we will be exploring our outdoor spaces for a variety of nature items. We will then be creating our own shadow boxes to capture all of the beauty that nature offers us.

In the afternoon, we will walk to our local recreation centre to enjoy a relaxing swim!

Friday, August 9
Foods from Around the World

Today's Family embraces the many gifts of diversity in our program and to share we will explore through food. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

Week 7 – August 12 - 16

Monday, August 12
Bowling Outing

Today, we will venture out to our local library to explore all of the diverse literary offerings. We will enjoy a story time of The Circles All Around Us- a book of Empathy, explore what empathy means to us, and discuss how we incorporate empathy in our everyday lives.

In the afternoon, we will be hoping on our local HSR bus to the local bowling alley to bowl a few frames.

Tuesday, August 13
Habitat Hunting and Swimming at Recreation Center

Today, campers will be detectives in their outdoor space looking for what plants and animals that live there. They will explore ideas of where it lives, what is around it and where does it get food and water. Back inside, campers will make a colour representation of the species and habitat they discovered. We will put them all together to create our own Habitat Biodiversity Mural.

We will also be heading to our local outdoor recreation centre to cool off with a swim!

Wednesday, August 14 **Brant Conservation Area**

119 Jennings Rd., Brantford ON
<https://www.grandriver.ca/en/outdoor-recreation/Brant.aspx#gsc.tab=0>

Campers will be heading to Brant Conservation Area today, to explore a historic part of Ontario. We will be hiking, and enjoying a picnic in the park.

Thursday, August 15 **Local Library**

Today, we will venture out to our local library to explore all of the diverse literary offerings. Campers will participate in a story time.



Friday, August 16 **Foods from Around the World & Science Experiment**

Today's Family embraces the many gifts of diversity in our program and to share we will explore through food. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

In the afternoon, we will be participating in a science experiment: unpopable bubbles!

Week 8 – August 19 - 23

Monday, August 19 **Postcards from Camp**

What better way to tell your family what you did at Summer Camp than to write them a postcard? Campers will create postcards describing all the fun they had this summer. We will then put a stamp on them, walk over to the mailbox and send them home.

Tuesday, August 20 **Slimy Fun & Community Walk**

Today we will be heading out into our Community to take in the nature around us, while out on a walk!

We will also be making our own slime using everyday items. We will then explore all of the slimy things we can do with our new creation.

Wednesday, August 21 **Wild Water Works**

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Pack your bathing suit, because today is going to be a splash! Wild Waterworks is the largest water park in Hamilton, complete with splash pads, a lazy river, and an outdoor wave pool! We will break for lunch and then get back to the water.

Thursday, August 22 **Foods From Around the World**

Today's Family embraces the many gifts of diversity in our program and to share we will explore through food. Our campers will be choosing a different snack from around the world to learn, prepare and celebrate.

Friday, August 23 Camp's Got Talent! **& Outdoor Obstacle Course**

Everyone is a star today in our camp wide talent show. Today we are spending our last day together celebrating each other's unique talents.

We will then be choosing our teams for a series of outdoor obstacles and relays.