

## Come Learn, Play, and Meet New Friends

### Dundas EarlyON and Neighbourhood Programs

Knox Presbyterian Church, 23 Melville Street, Dundas  
(Entrance off Victoria Street, at back of Church)

#### Parent / Caregiver and Child Interactive Drop-In Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
*9:00 a.m. to 12:00 p.m.	*9:00 a.m. to 12:00 p.m.	*9:00 a.m. To 12:00 p.m.	*9:00 a.m. to 12:00 p.m.	*9:00 a.m. To 12:00 p.m.**

\* Gross Motor available

\*\*Program not available on School PA Days

#### Dundas EarlyON Neighbourhood Pre-Registered Programs

Dundas Library, 18 Ogilvie Drive, Dundas

Please call 905-574-9344 x804 to register for these workshops.

Workshop	Date and Time	Description
<b>The Parent Child Mother Goose Program – Step 1</b> (Interactive newborn to pre-crawler)	Tuesdays, January 15 – March 26 1:30 – 2:30 p.m. <b>(No program March 12)</b>	An interactive, research based multi-week program for parents and their children focusing on the pleasure and power of rhymes, songs and stories together.
<b>The Parent Child Mother Goose Program – Step 2</b> (interactive crawler to 1 ½ years)	Tuesdays, January 15 – March 26 3:00 – 4:00 p.m. <b>(No program March 12)</b>	

#### Dundas Coach House Pre-Registered Programs

Dundas Coach House, 22 Victoria Street, Dundas (Knox Church Parking Lot)

Please call 905-574-9344 x804 to register for these workshops.

Workshop	Date and Time	Description
<b>Infant Massage</b> (Interactive newborn up to 6 months)	Monday, January 14 – February 11 1:30 – 2:30 p.m.	The certified Infant Massage Instructor will facilitate this five week program that is designed to teach parents and caregivers of infants (pre-crawling) a warm, nurturing, bonding experience through touch.
	Monday, March 18 – April 15 1:30 – 2:30 p.m.	

Registration for April to June 2019 Workshops will be Friday, March 1<sup>st</sup>

All programs are free of charge

Pour les services en français, veuillez appeler le Centre de Santé en composant le 905-528-0163 poste 3228

For more information call 905-574-9344 x804

[www.hamilton.ca/EarlyONcentres](http://www.hamilton.ca/EarlyONcentres)

[www.todaysfamily.ca](http://www.todaysfamily.ca)