



# Winter Camp



G.L. Armstrong



# 2024 Winter ADVENTURE

## Camp G.L. Armstrong

January 2 to 5

### Tuesday, January 2 Arctic Exploration

---

How do polar bears stay warm with the freezing temperatures, icy water, and relentless wind in the Arctic? What keeps a polar bear warm when its natural habitat is so cold? We will investigate and see what keeps these big animals and other Arctic critters warm. Today we will explore how blubber keeps polar bears warm through the magic of science and the use of a few household items.

### Wednesday, January 3 Westfield Heritage Village

---

Today our campers will visit a living history museum and conservation area. As one of Ontario's most interesting historical destinations, it is a stunning collection of over 35 restored buildings placed within 204 hectares of conservation land featuring woodlands, meadows and trails.



### Thursday, January 4 Exploring Foods From Around the World

---

Food is an important part of different cultures, and can be a fun way for our campers to explore the world around us. Today, we will be picking a snack we're interested in from around the world. After we explore and celebrate the recipe's origins, we'll roll up our sleeves to prepare a tasty treat.

### Friday, January 5 Starry Night Sky

---

Today we will explore the story *The BFG* (written by Roald Dahl). Using the dream tree as our inspiration with so many colours floating and zooming around the night sky, we will create our own starry night sky using many different art mediums.



# Today's Family Winter Camp

City of Hamilton

905 574 9344, Ext. 1103

Haldimand Norfolk

1 844 574 9344, Ext. 1103

Halton Region

289 288-0059, Ext. 1103

## In all three regions...

Please send your completed  
registration form to:  
[childcare@todaysfamily.ca](mailto:childcare@todaysfamily.ca)

[www.todaysfamily.ca](http://www.todaysfamily.ca)

## Did you know...

Answers to frequently asked  
questions

### Welcome to Today's Family

Today's Family is a non-profit charitable agency servicing children and families in and around Hamilton, Halton and Haldimand Norfolk. We offer a wide range of early learning and child care programs as well as parental support programs to help you and your child every step of the way. It's professional, caring support that makes a real difference in the physical, emotional, social and intellectual development of children.

### Registration

You can register for Today's Family Winter Camps in the following ways:

#### 1. In person

**2. By mail:** Today's Family Winter Camp Central Administration Office, 44 Greendale Drive, Hamilton, L9C 5Z4

**3. By email:** Download a registration package: [www.todaysfamily.ca](http://www.todaysfamily.ca) or email us at [childcare@todaysfamily.ca](mailto:childcare@todaysfamily.ca)

### Financial Assistance

Qualifying families may be eligible for subsidy through the Social Development and Early Childhood Services Child Care Fee Subsidy Office. For further information, please call:  
905 546 4870 City of Hamilton  
905 825 6000 Halton Region  
519 426 6170 Haldimand Norfolk

### Program Hours

Today's Family Winter Camp Programs operate from 7:00 a.m. to 6:00 p.m. Monday to Friday. We are closed on statutory holidays.

### What to bring to camp:

To be prepared for camp, please remember to bring the following to camp each day:

- ✓ Lunch (nut-free)
- ✓ Outdoor clothing
- ✓ Refillable water bottle
- ✓ Comfortable shoes

✗ We ask that campers not bring any valuables to camp. This includes: cell phones, electronic devices and games.

### Weather Policy

To ensure the health and safety of all, camp staff will modify activities to accommodate for weather. There will be outdoor time every day, weather permitting.

### Nutrition

Today's Family provides snacks in accordance with the Canada Food Guide. Menus are posted and copies are also available to parents and families. Please be sure to alert us of any allergies or food restrictions. If possible, we will try to provide an alternative. **Please bring a nut-free lunch and refillable water bottle every day.**

### Guiding Behaviour

Today's Family use re-direction and positive behaviour guidance techniques appropriate to the child's age to promote self-discipline and respect for others and their environment.

### Serious Occurrences

Serious occurrences that happen in your child's Camp Program are posted at the program location for your information.

### Volunteer and Student Supervision Policy

Only Today's Family employees will have the direct responsibility for the supervision of children in the camp programs. Please note: Volunteers and students are not considered part of the staff / caregiver to child ratio.