

Come Learn, Play, and Meet New Friends

Helen Detwiler School EarlyON and Neighbourhood Programs

(320 Brigade Drive, Hamilton)

Parent / Caregiver and Child Interactive Drop-In Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 a.m. to 4:00 p.m.	8:30 a.m. to 7:00 p.m.	8:30 a.m. to 7:00 p.m.	8:30 a.m. to 4:00 p.m.	8:30 a.m. to 12:00 p.m.	9:00 a.m. to 12:00 p.m.

Helen Detwiler Pre-Registered Programs

Please call 905-574-9344 x818 to register for this workshop.

Workshop	Date and Time	Description
The Parent-Child Mother Goose Program – Step 1 (Interactive newborn to pre-crawler)	Tuesdays January 15 – March 26 1:30 – 2:30 p.m. (No program March 12)	An interactive, research based multi-week program for parents and their children focusing on the pleasure and power of rhymes, songs and stories together.

EarlyON Neighbourhood Pre-Registered Programs

Please call 905-574-9344 x818 to register for these workshops.

Turner Park Library, 352 Rymal Road East, Hamilton

Workshop	Date and Time	Description
Infant Massage (Interactive newborn up to 6 months)	Thursdays January 17 – February 14 1:30 – 2:30 p.m.	The certified Infant Massage Instructor will facilitate this five week program that is designed to teach parents and caregivers of infants (pre-crawling) a warm, nurturing, bonding experience through touch.

Village of Wentworth Heights, 1620 Upper Wentworth Street, Hamilton

Workshop	Date and Time	Description
The Parent-Child Mother Goose Program – Step 2 (Interactive crawler to 1½ years)	Thursdays January 24 – March 28 9:30 – 10:30 a.m.	An interactive, research based multi-week program for parents and their children focusing on the pleasure and power of rhymes, songs and stories together.

Parent New Baby Network

(Helen Detwiler School, 320 Brigade Drive, Hamilton)

Wednesdays, 1:30 – 2:30 p.m.

Parent New Baby Network is a program facilitated by an EarlyON Facilitator.

A time for parents and their baby (0 to 12 months) to come together to receive health information, share concerns and make new friends.

Please call 905-574-9344 x818 to register for this workshop.

Workshop	Date and Time	Description
Feeding Your Baby and Making Baby Food	Wednesday, March 6 1:30 – 2:30 p.m.	With a Public Health Dietician learn about what, when, and how to give new foods and textures to your baby. They will also guide you through a fun and interactive making baby food session where you will use a variety of tools to make homemade baby food.

Helen Detwiler EarlyON Family Service Schedule

Services	Description	Time and Location
Family Gathering Time	Families are invited to come join us for this favourite activity. Sharing songs and stories promotes early literacy development and provides social interaction with peers in a fun environment.	Available daily
Native Family Gathering Time	Come and join a staff from Niwasa Head Start Preschool to promote aboriginal customs, art and storytelling.	Friday, January 18 Friday, February 15 Friday, March 22 10:00 – 11:00 a.m.

Registration for April to June 2019 Workshops will be Friday, March 1st

All programs are free of charge

Pour les services en français, veuillez appeler le Centre de Santé en composant le 905-528-0163 poste 3228

For more information call 905-574-9344 x818

www.hamilton.ca/EarlyONcentres

www.todaysfamily.ca