

## ***Come Learn, Play, and Meet New Friends***

### **Huntington Park Recreation Centre EarlyON Program**

(87 Brentwood Drive, Hamilton)

### **Parent / Caregiver and Child Interactive Drop-In Schedule**

<b>Monday</b>	<b>Tuesday</b>	<b>Thursday</b>	<b>Friday</b>
9:00 a.m. to 12:30 p.m.	9:00 a.m. to 12:30 p.m.	9:00 a.m. to 12:30 p.m.	9:00 a.m. to 12:30 p.m.

### **Huntington EarlyON Family Service Schedule**

<b>Services</b>	<b>Description</b>	<b>Time and Location</b>
<b>Indigenous Family Gathering Time</b>	Come and join a staff from Niwasa Head Start Preschool to promote aboriginal customs, art and storytelling.	Thursday, September 26 10:00 – 11:00 a.m.
<b>Ask a Public Health Nurse</b>	The Public Health Nurse will be available to answer questions about breastfeeding, child safety (such as car seats and safe sleep), child development (such as milestones and toilet learning), healthy eating, and parenting issues such as sleep, crying and challenging behaviours. The Public Health Nurse also has information regarding programs and services for families.	Tuesday, September 24 Tuesday, November 19 Tuesday, December 17  10:00 – 11:00 a.m.

**All programs are free of charge**

**Pour les services en français, veuillez appeler le Centre de Santé en composant le  
905-528-0163 poste 3228**

**For more information call 905-574-9344 x824**

[www.hamilton.ca/EarlyONcentres](http://www.hamilton.ca/EarlyONcentres)

[www.todaysfamily.ca](http://www.todaysfamily.ca)