

Dundas

March Break Camp 2020



Today's Family
March Break Camp



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March Break 2020

March 16 – 20

Monday, March 16

Welcome to Camp!

Story Stones

Welcome to camp! Today we are encouraging our campers to become independent story tellers. Campers will receive smooth stones where they can use their imagination to paint their own pictures on them. Once the stones are dry, we will choose one and start telling a story based on the picture we see.

Tuesday, March 17

Swimming @ Dundas Community Pool

St Patrick's Day Party

39 Market St S, Dundas
<https://www.hamilton.ca/parks-recreation>

Campers will be walking over to visit the Dundas Community Pool to go for a swim today. Campers can choose to splash around with the various water toys provided or play a series of water games with their fellow campers!

We will also be celebrating all things green. Come dressed in green or use our creative materials to decorate your outfit that day. Campers will also test their luck in our St Patrick's Day games.

Wednesday, March 18

Mindful Movement

Today we are asking our campers to slow things down and check in with their body. We will learn different yoga poses and how to breathe like a bear to manage our bodies, breath and emotions.

Thursday, March 19

Circles of Belonging

Today we are using text and drawings to answer the questions "who are we and where do we belong?" Campers will use various art mediums (printmaking, pastels, paint and collage) to explore and illustrate this theme and it's meaning to them.

Friday, March 20

Bronte Creek Maple Syrup Festival

1219 Burloak Rd, Oakville
<http://www.brontecreek.org/index.php>

Our campers will be hopping on a chartered bus to Bronte Creek today to enjoy a tour of Maple Lane where we will learn different historic ways to collect and make maple syrup. We will also have the opportunity to take a wagon ride to the Pancake House where we will enjoy fresh, hot pancakes with pure maple syrup.



Today's Family Winter Camp

Hamilton

905 574 9344, Ext. 103

Haldimand Norfolk

1 844 574 9344, Ext. 103

Halton

289 288-0059, Ext. 103

In all three regions...

Please send your completed registration form to:
childcare@todaysfamily.ca
or fax to 905 574 2684

www.todaysfamily.ca

Did you know...

Answers to frequently asked questions

Welcome to Today's Family

Today's Family is a non-profit charitable agency servicing children and families in and around Hamilton, Halton and Haldimand Norfolk. We offer a wide range of early learning and child care programs as well as parental support programs to help you and your child every step of the way. It's professional, caring support that makes a real difference in the physical, emotional, social and intellectual development of children.

Registration

You can register for Today's Family Winter Camps in the following ways:

1. In person
2. By mail: Today's Family Winter Camp Central Administration Office, 44 Greendale Drive, Hamilton, L9C 5Z4
3. By email: Download a registration package: www.todaysfamily.ca or email us at childcare@todaysfamily.ca

Financial Assistance

Qualifying families may be eligible for subsidy through the Social Development and Early Childhood Services Child Care Fee Subsidy Office. For further information, please call:
905 546 4870 City of Hamilton
905 825 6000 Halton Region
519 426 6170 Haldimand Norfolk

Program Hours

Today's Family Winter Camp Programs operate from 7:00 a.m. to 6:00 p.m. Monday to Friday. We are closed on statutory holidays.

What to bring to camp:

To be prepared for camp, please remember to bring the following to camp each day:

- ✓ Lunch (nut-free)
- ✓ Swim suit
- ✓ Towel
- ✓ Outdoor clothing
- ✓ Refillable water bottle
- ✓ Comfortable shoes

✗ We ask that campers not bring any valuables to camp. This includes: cell phones, electronic devices and games.

Weather Policy

To ensure the health and safety of all, camp staff will modify activities to accommodate for weather. There will be outdoor time every day, weather permitting.

Nutrition

Today's Family provides snacks in accordance with the Canada Food Guide. Menus are posted and copies are also available to parents and families. Please be sure to alert us of any allergies or food restrictions. If possible, we will try to provide an alternative. **Please bring a nut-free lunch and refillable water bottle every day.**

Guiding Behaviour

Today's Family use re-direction and positive behaviour guidance techniques appropriate to the child's age to promote self-discipline and respect for others and their environment.

Serious Occurrences

Serious occurrences that happen in your child's Camp Program are posted at the program location for your information.

Volunteer and Student Supervision Policy

Only Today's Family employees will have the direct responsibility for the supervision of children in the camp programs. Please note: Volunteers and students are not considered part of the staff / caregiver to child ratio.