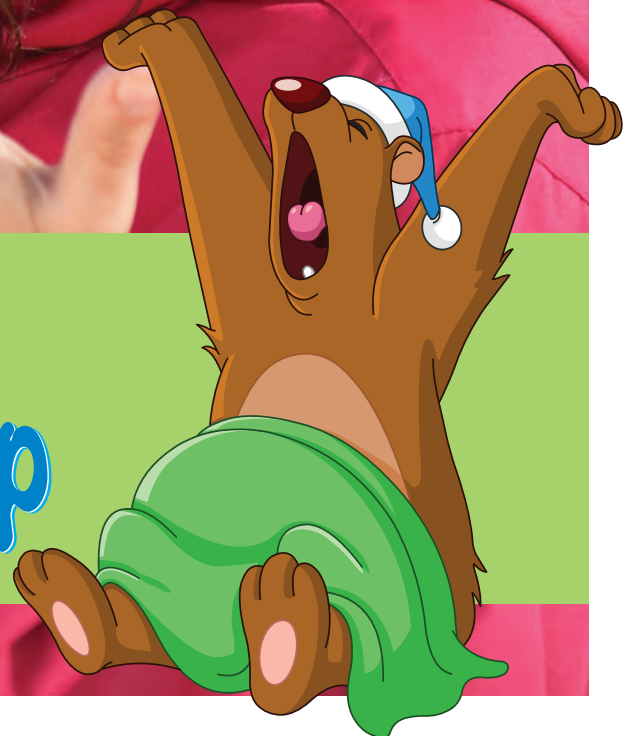


# Lakewood

## March Break Camp 2020



Today's Family  
**March Break Camp**



# Lakewood

## March Break 2020

### March 16 – 20

**Monday, March 16**  
**Welcome to Camp!**  
**Circles of Belonging**

---

On the first day of camp we are using text and drawings to answer the questions "who are we and where do we belong?" Campers will use various art mediums (printmaking, pastels, paint and collage) to explore and illustrate this theme and it's meaning to them.

**Tuesday, March 17**  
**St Patrick's Day Party**

---

Today we will be celebrating all things green. Come dressed in green or use our creative materials to decorate your outfit that day. Campers will brainstorm and prepare a healthy green themed snack and then we will test our luck in some St Patrick's Day games.

**Wednesday, March 18**  
**Children's Lands Canada**

---

HWY #54, Middleport  
<http://keithsutcliffe.domain.com/childrenslands/index.html>

---

Our campers will be hopping on a chartered bus to visit the national headquarters of Children's Lands Canada. On the land they will hear inspirational tales from children all around the world and discover what children have created on their 46 acres of property. Campers will participate in fun activities connecting them to nature.

**Thursday, March 19**  
**Story Stones**

---

Today we are encouraging our campers to become independent story tellers. Campers will receive smooth stones where they can use their imagination to paint their own pictures on them. Once the stones are dry, we will choose one and start telling a story based on the picture we see.

**Friday, March 20**  
**Mindful Movement**

---

We are ending our week at camp exploring some mindful movement. Today campers will slow things down and check in with their body. We will learn different yoga poses and how to breathe like a bear to manage our bodies, breath and emotions.



# Today's Family Winter Camp

Hamilton

905 574 9344, Ext. 103

Haldimand Norfolk

1 844 574 9344, Ext. 103

Halton

289 288-0059, Ext. 103

**In all three regions...**

Please send your completed registration form to:  
[childcare@todaysfamily.ca](mailto:childcare@todaysfamily.ca)  
or fax to 905 574 2684

[www.todaysfamily.ca](http://www.todaysfamily.ca)

## Did you know...

Answers to frequently asked questions

### Welcome to Today's Family

Today's Family is a non-profit charitable agency servicing children and families in and around Hamilton, Halton and Haldimand Norfolk. We offer a wide range of early learning and child care programs as well as parental support programs to help you and your child every step of the way. It's professional, caring support that makes a real difference in the physical, emotional, social and intellectual development of children.

### Registration

You can register for Today's Family Winter Camps in the following ways:

---

1. In person

---

2. By mail: Today's Family Winter Camp Central Administration Office, 44 Greendale Drive, Hamilton, L9C 5Z4

---

3. By email: Download a registration package: [www.todaysfamily.ca](http://www.todaysfamily.ca) or email us at [childcare@todaysfamily.ca](mailto:childcare@todaysfamily.ca)

### Financial Assistance

Qualifying families may be eligible for subsidy through the Social Development and Early Childhood Services Child Care Fee Subsidy Office. For further information, please call:  
905 546 4870 City of Hamilton  
905 825 6000 Halton Region  
519 426 6170 Haldimand Norfolk

### Program Hours

Today's Family Winter Camp Programs operate from 7:00 a.m. to 6:00 p.m. Monday to Friday. We are closed on statutory holidays.

### What to bring to camp:

To be prepared for camp, please remember to bring the following to camp each day:

- ✓ Lunch (nut-free)
- ✓ Swim suit
- ✓ Towel
- ✓ Outdoor clothing
- ✓ Refillable water bottle
- ✓ Comfortable shoes

---

✗ We ask that campers not bring any valuables to camp. This includes: cell phones, electronic devices and games.

### Weather Policy

To ensure the health and safety of all, camp staff will modify activities to accommodate for weather. There will be outdoor time every day, weather permitting.

### Nutrition

Today's Family provides snacks in accordance with the Canada Food Guide. Menus are posted and copies are also available to parents and families. Please be sure to alert us of any allergies or food restrictions. If possible, we will try to provide an alternative. **Please bring a nut-free lunch and refillable water bottle every day.**

### Guiding Behaviour

Today's Family use re-direction and positive behaviour guidance techniques appropriate to the child's age to promote self-discipline and respect for others and their environment.

### Serious Occurrences

Serious occurrences that happen in your child's Camp Program are posted at the program location for your information.

### Volunteer and Student Supervision Policy

Only Today's Family employees will have the direct responsibility for the supervision of children in the camp programs. Please note: Volunteers and students are not considered part of the staff / caregiver to child ratio.