

# ***Come Learn, Play, and Meet New Friends***

## **Terryberry Library EarlyON Program**

(100 Mohawk Road West, Hamilton)

### **Parent / Caregiver and Child Interactive Drop-In Schedule**

**March 25 – May 15, 2019**

<b>Monday</b>	<b>Wednesday</b>
11:00 a.m. to 1:00 p.m.	10:00 a.m. to 12:00 p.m.

### **Ask the Public Health Nurse**

The Public Health Nurse will be available on the following dates to answer questions about breastfeeding, child safety (such as car seats and safe sleep), child development (such as milestones and toilet learning), healthy eating, and parenting issues such as sleep, crying and challenging behaviours.

The Public Health Nurse also has information regarding programs and services for families.

<b>Date</b>	<b>Time</b>
March 25, 2019	11:00 a.m. – 12:00 p.m.
April 25, 2019	11:00 a.m. – 12:00 p.m.

**All programs are free of charge**

**Pour les services en français, veuillez appeler le Centre de Santé en composant le 905-528-0163 poste 3228**

**For more information call 905-574-9344 x818**

[www.hamilton.ca/EarlyONcentres](http://www.hamilton.ca/EarlyONcentres)

[www.todaysfamily.ca](http://www.todaysfamily.ca)