

Come Learn, Play, and Meet New Friends

Terryberry Library EarlyON Program

(100 Mohawk Road West, Hamilton)

Parent / Caregiver and Child Interactive Drop-In Schedule

September 23 – November 27, 2019

Monday	Wednesday
11:00 a.m. to 1:00 p.m.	10:00 a.m. to 12:00 p.m.

Ask the Public Health Nurse

The Public Health Nurse will be available on the following dates to answer questions about breastfeeding, child safety (such as car seats and safe sleep), child development (such as milestones and toilet learning), healthy eating, and parenting issues such as sleep, crying and challenging behaviours.

The Public Health Nurse also has information regarding programs and services for families.

Date	Time
Monday, September 30	11:00 a.m. – 12:00 p.m.
Monday, October 28	11:00 a.m. – 12:00 p.m.
Monday, November 25	11:00 a.m. – 12:00 p.m.

All programs are free of charge

**Pour les services en français, veuillez appeler le Centre de Santé en composant le
905-528-0163 poste 3228**

For more information call 905-574-9344 x818

www.hamilton.ca/EarlyONcentres

www.todaysfamily.ca